

Number 98

March 2016

Hello everyone,

Please see below for news of an increased discount for TCHC NZ members!

In this issue:

Dr Lam NZ Workshops July 2016
Training Sessions
Tuition Scholarships

please see the news below from our new Agent, Tamara Bennett.

Tai Chi Productions NZ

March Special: Tai Chi for Arthritis is our core programme, recommended by Arthritis Foundations and the Centers of Disease Control and Prevention. Receive a 20% discount when you order the TCA DVD. Please use code TCAMAR20 when ordering. Offer expires 31 March. Not to be used with any other discount.

Shop online at the NEW TCP NZ SHOP www.smilingdragon.co.nz

Contact: NZ Authorised Agent for Dr Paul Lam

Tamara Bennett on 021 255 1087 or email her at smilingdragontaichi@gmail.com **NEW**

NEW Payment Option: Over the Phone Master Card and Debit Card orders are now available. Email your order and delivery address to Tamara and she will phone you to finalise your payment.

TCHC NZ Inc Member Discount increased to **10%** ... use code **tchcnz**

(Not to be used with any other discount)

Visit <http://www.taichiproductionsnz.com/> to view the product range available

Contact: NZ Authorised Agent for Dr Paul Lam

Tamara Bennett on 021 255 1087 or email her at smilingdragon@outlook.com

NEW Payment Option: Over the Phone Master Card and Debit Card orders are now available. Email your order and delivery address to Tamara and she will phone you to finalise your payment.

Website Shopping Cart option will be available soon ... watch this space!

Dr Lam NZ Workshops ~ July 2016 **Early Bird Deadline ~ 15 April 2016**

@ Tauhara Retreat & Conference Centre in Taupo, NZ

<http://www.tauharacentre.org.nz/> ... check this place out!

*Come and explore tai chi with Dr Lam in a beautiful serene setting with wonderful energy, catch up with tai chi friends and make new friends. This is a very special 3-day NZ residential retreat workshop with accommodation and vegetarian home cooked meals onsite. Spaces are limited and will book out fast ... register **NOW!!!** *First Paid - First Served basis*

Fri 15th July 2016

Depths Yang 24 Forms Workshop

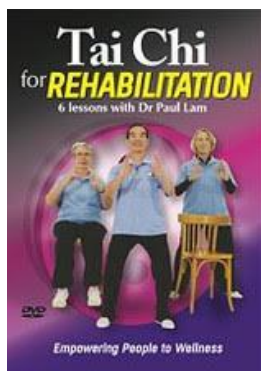
(A rare workshop with Dr Lam)

Sat 16th & Sun 17th July 2016

Tai Chi for Rehabilitation Instructor Training Workshop **NEW**

(with multiple updates)

For information and registration Contact: MT Tamara Bennett smilingdragon@outlook.com



TCHI (Tai Chi for Health Institute)

NZ Master Trainer's and Senior Trainer's Workshop Schedules

For workshop details please contact the trainer directly

MT Chris Hattle hattle@xtra.co.nz 06-356-4332 027-285-2002

MT Tamara Bennett smilingdragon@outlook.com 09-235-8648 021-255-1087

ST Helga Meyer helga.m@clear.net.nz 09-372-2210 027-302-3003

Instructor Training Workshops (subject to change)

*NOTE: 4FP = for Fall Prevention +Up = Updates TCA = Tai Chi for Arthritis

New Plymouth 26-27 Mar 2016 Tai Chi for Health Contact: MT Chris Hattle

HAMILTON 2 April 2016 TCA 2 + Fall Prevention Contact: MT Tamara Bennett

QUEENSTOWN 16-18 April 2016 TCA 4FP +Up / Seated TCA Contact: MT Tamara Bennett

AUCKLAND 4-6 June 2016 TCA 4FP + Up / Seated TCA Contact: MT Tamara Bennett

TAURANGA 3-4 Sept 2016 Tai Chi for Health + Updates Contact: MT Tamara Bennett

WANGANUI 10-11 Sept 2016 Tai Chi for Arthritis & multi updates Contact: MT Chris Hattle

Christchurch 1-2 October 2016 Tai Chi for Health + Updates Contact: MT Tamara Bennett

GREYMOOUTH 17-18 Oct 2016 Tai Chi for Health + Updates Contact: MT Chris Hattle

AUCKLAND 12-13 Nov 2016 Tai Chi for Health + Updates Contact: MT Tamara Bennett

ROTORUA Nov 2016 Tai Chi for Health Contact: MT Chris Hattle

New Plymouth Feb 2017 Tai Chi for Health Contact: MT Chris Hattle

HAMILTON 4-5 March 2017 Tai Chi for Health + Updates Contact: MT Tamara Bennett

WELLINGTON Mar 2017 Tai Chi for Health Contact: MT Chris Hattle

KERKERI 1-2 April 2017 Tai Chi for Health + Updates Contact: MT Tamara Bennett

'SBW' Skill Building Workshops (subject to change)

New Plymouth Feb / Mar 2016 Tai Chi for Health programmes Contact: ST Helga Meyer

INVERCARGILL February 2016 Tai Chi for Health programmes Contact: MT Chris Hattle

WELLINGTON March 2016 Tai Chi for Health programmes Contact: MT Chris Hattle

QUEENSTOWN 19 April 2016 Sun Style 73 (10am-4pm) Contact: MT Tamara Bennett

DUNEDIN 23 April 2016 Tai Chi for Health programmes Contact: ST Helga Meyer

DANNEVIRKE May 2016 Tai Chi for Health programmes Contact: MT Chris Hattle

Palmerston North June 2016 Tai Chi for Health programmes Contact: MT Chris Hattle

New Plymouth 25 June 2016 Tai Chi for Health programmes Contact: ST Helga Meyer

PUKEKOHE 3 July 2016 Yang 24 & TCR - Get Ready for Dr Lam Contact: MT Tamara Bennett

AUCKLAND 10 Sept 2016 Yang 24 & Tai Chi for Health Contact: ST Helga Meyer

HASTINGS 24 Sept 2016 Tai Chi for Health programmes Contact: ST Helga Meyer

GOLDEN BAY 22 Oct 2016 Tai Chi for Health programmes Contact: MT Chris Hattle

HAMILTON 5 Nov 2016 Tai Chi for Health programmes Contact: ST Helga Meyer

NAPIER Mar 2017 Tai Chi for Health programmes Contact: MT Chris Hattle

GISBORNE 8 April 2017 Tai Chi for Health programmes Contact: ST Helga Meyer

If you have a group of people who would like a Tai Chi for Health Skill Building Workshop in your area, please contact MT

Chris Hattle, MT Tamara Bennett or ST Helga Meyer.



Tuition Scholarships ~ TCHC NZ Inc 2015-2016

Tuition Scholarships ~

TCHC NZ Inc 2016

TCHC NZ Inc Student Member ~

Instructor Training Workshop Tuition Scholarships (3)

- Three (3) individual \$100 Student Member Tuition Scholarships are available
- The TCHC NZ Inc Student Member applicant must have been a member for six (6) months prior to the application.
- Each scholarship will be awarded for the attendance to an NZ TCH Instructor Training Workshop led by NZ Master Trainer, during the 2015-2016 TCHC NZ Inc Society Year (1 September 2015 - 31 August 2016)
- Only one \$100 scholarship can be awarded for any one NZ workshop
- The applicant must also fulfil all criteria listed on the TCHC NZ Inc Scholarship information and application documents. Email the TCHC NZ Inc Secretary for these documents secretary@tchc.co.nz
- See the TCHC NZ Inc website for a list of NZ Master Trainer Instructor Training Workshops

<http://www.taichiproductionsnz.com/workshops-index-2/workshops-1/>

- The Application Close Date is one (1) month prior to the scheduled Early Bird payment date for the workshop which the applicant is planning to attend.

That's it for this month. Next month we will report on the Melbourne workshops.

Hazel

